

Product Catalogue



MycoWay®

About us

Our mission

At Be Healthy Group, we combine professional knowledge, a modern approach, and an unwavering commitment to excellence. We develop our own brands of dietary supplements, designed to meet the contemporary needs of the market and users. In our work, we are guided by responsibility, dedication, and a clear vision – to become a reliable partner on the path to better well-being and a better quality of life.

Discover the power of mushrooms

MycoWay products combine carefully selected, traditionally valued mushrooms and their extracts with the aim of bringing these valuable ingredients to people around the world. With a thoughtful combination of natural ingredients, they support the immune system, energy, and overall well-being, while maintaining the body's natural balance.

MycoWay – Nature combined with science




The MycoWay brand combines the ancient wisdom of nature with innovative science to offer unique solutions for a balanced lifestyle. Our high-quality mushroom supplements are designed to promote harmony between body and mind. We believe in the power of nature and its ability to support vitality, which is why our products are made from ingredients that provide superior nutritional support and contribute to your well-being every day.



MW001

Cordyceps Sinensis 1400 mg

180 capsules

-  Bioactive Compounds
-  Energy Boost
-  Tibetan Herbal Traditions



Ingredients: extract of Cordyceps sinensis 10:1, magnesium stearate (anti-caking agent), plant-based capsule shell.

	1 capsule*	2 capsules*
Extract of Cordyceps sinensis 10:1	700 mg	1400 mg

***Recommended daily dose.

**NRV = nutrient reference value according to Regulation (EU) No 1169/2011.

*NRV not yet established.



1-2 CAPSULES
DAILY



90-180 DAY
PROGRAM



More
Product Info



MycoWay®

MW002

Reishi 1950 mg Extract 5:1

180 capsules



"miracle mushroom"



strengthening immunity, circulation



1950 mg in 3 capsules



Ingredients: Reishi extract 5:1, magnesium stearate (anti-caking agent), vegetable capsule shell.

	1 capsule	2 capsules*	3 capsules*
Reishi extract 5:1	650 mg	1300 mg	1950 mg

*Recommended daily dose.
RDA (recommended daily allowance) not established.



2-3 CAPSULES
DAILY



60-90 DAY
PROGRAM



More
Product Info






MycoWay®

MW003

Chaga 1000 mg Sinensis Extract 5:1

180 capsules

-  For Changeable Weather and the Colder Months
-  For Anyone Seeking Additional Support for Their Body
-  For Those With an Unbalanced or Nutrient-poor Diet.



Ingredients: Chaga extract 5:1, magnesium stearate (anti-caking agent), plant-based capsule shell.

	1 capsule*	2 capsules*
Chaga extract 5:1	500 mg	1000 mg

*Recommended daily dose.
RDA (recommended daily allowance) not established.



1-2 CAPSULES
DAILY



90-180 DAY
PROGRAM



More
Product Info



MycoWay®

MW004

Lion's Mane 1000 mg 5:1 Extract

180 capsules



For Athletes



For Students, Particularly During
Exam periods



For Times of Seasonal Change or
Cold Weather



Ingredients: extract of Lion's Mane 5:1, microcrystalline cellulose (filler), magnesium stearate (anti-caking agent), vegetable capsule shell.

	1 capsule*	2 capsules*
Extract of Lion's Mane 5:1	500 mg	1000 mg

*Recommended daily dose.
RDA (recommended daily allowance) not established.



1-2 CAPSULES
DAILY



90-180 DAY
PROGRAM



More
Product Info






MycoWay®

MW005

Maitake 1000 mg Extract

180 capsules

-  *Lentinula edodes*
-  contains 30% polysaccharides
-  strengthens body cells



Ingredients: shiitake extract (30% polysaccharides), microcrystalline cellulose (filler), magnesium stearate (anti-caking agent), plant-based capsule shell.

	2 capsules
Shiitake extract	1000 mg
of which polysaccharides	300 mg

RDA (recommended daily allowance) not established.



2 CAPSULES
DAILY



90 DAY
PROGRAM



More
Product Info



MycoWay®

MW006

Shiitake 1000 mg Extract

180 capsules



Lentinula edodes



Contains 30% Polysaccharides



1000 mg in 2 Capsules



Ingredients: shiitake extract (30% polysaccharides), microcrystalline cellulose (filler), magnesium stearate (anti-caking agent), plant-based capsule shell.

	2 capsules
Shiitake extract	1000 mg
of which polysaccharides	300 mg

RDA (recommended daily allowance) not established.



2 CAPSULES
DAILY



90 DAY
PROGRAM



More
Product Info






MycoWay[®]

MW008

L-Ergothioneine 5 mg

120 capsules

-  Natural Amino Acid
-  With Added Oyster Mushroom
-  High Concentration of L-Ergothioneine



Ingredients: golden oyster mushroom extract powder (*Pleurotus citrinopileatus*), L-(+)-Ergothioneine, vegetable capsule (HPMC; hydroxypropylmethyl cellulose).

	1 capsule*
Extract of Lion's Mane 5:1	5 mg
Golden oyster mushroom extract powder	500 mg
of which beta-glucans ($\geq 25\%$)	125 mg

*Recommended daily dose
NRV (Nutrient Reference Value) not established.



1 CAPSULE
DAILY



120 DAY
PROGRAM



More
Product Info






MycoWay®

MW009

Tiger Milk Mushroom 300 mg

90 capsules

-  Precious Asian Mushroom
-  Support for Natural Resistance.
-  300 mg of extract per capsule



Ingredients: Tiger Milk mushroom extract powder, magnesium stearate, silicon dioxide, vegetable capsule (HPMC; hydroxypropylmethyl cellulose).

	1 capsule*
Tiger Milk mushroom extract powder	300 mg
of which beta-glucans ($\geq 50\%$)	150 mg

*Recommended daily dose.
RDA (recommended daily allowance) not established.



1 CAPSULE
DAILY



90 DAY
PROGRAM



More
Product Info






MycoWay®

MW010

Tremella 1000 mg - Extract

180 capsules

-  Super Natural Moisturiser
-  *Tremella fuciformis*
-  1000 mg in 2 capsules



Ingredients: tremella mushroom extract powder (*Tremella fuciformis*), microcrystalline cellulose, silicon dioxide, vegetable capsule (HPMC; hydroxypropylmethyl cellulose).

	2 capsules*
Tremella mushroom extract powder	1000 mg
of which beta-glucans ($\geq 10\%$)	100 mg

*Recommended daily dose.
RDA (recommended daily allowance) not established.



2 CAPSULES
DAILY



90 DAY
PROGRAM



More
Product Info



MycoWay®


MW011

Lion's Mane - Extract 12:1

100 g

 *Hericium erinaceus*

 "Food for the Brain"

 Strong Extract



Ingredients: extract of Lion's mane (*Hericium erinaceus*) 12:1 in powder form.

Average nutritional value	per 100 g
Energy value	36 kJ / 8.6 kcal
Fats	0 g
Carbohydrates	2.8 g
Dietary fibers	0 g
Proteins	0 g
Sodium	3 mg



1-3 GRAMS
DAILY



33-100 DAY
PROGRAM



More
Product Info



MycoWay®

MW012

Mushroom Complex

180 capsules



6 Asian Mushrooms



Rich in Polysaccharides



Versatile Support for the Body



Ingredients: inulin, chaga extract 12:1, maitake extract 15:1 (standardised to 30% polysaccharides), shiitake extract 15:1 (standardised to 30% polysaccharides), Lion's Mane extract 12:1 (standardised to 30% polysaccharides), reishi 12:1 extract (standardised to 30% polysaccharides), cordyceps extract 12:1, L-leucine, capsule shell (HPMC; hydroxypropylmethyl cellulose).

	1 capsule*
Chaga extract 12:1	80 mg
Maitake extract 15:1	80 mg
of which polysaccharides	24 mg
Shiitake extract 15:1	80 mg
of which polysaccharides	24 mg
Lion's Mane extract 12:1	80 mg
of which polysaccharides	24 mg
Reishi extract 12:1	80 mg
of which polysaccharides	24 mg
Cordyceps extract 12:1	80 mg
L-leucine	10 mg

*Recommended daily dose.
NRV (Nutrient Reference Value) not established.



1 CAPSULE
DAILY



180 DAY
PROGRAM



More
Product Info



MycoWay®

MW013

Seven Mushroom Extract Blend Powder

250 g

 for Preparing a Drink or Tea

 Versatile Support for the Body

 Valuable Combination



Ingredients: Lion's Mane extract (*Hericium erinaceus*) 12:1 powder, Reishi extract (*Ganoderma lucidum*) 12:1 powder, Chaga extract (*Inonotus obliquus*) 12:1 powder, Cordyceps sinensis extract 12:1 powder, Maitake extract (*Grifola frondosa*) 4:1 powder, Shiitake extract (*Lentinula edodes*) 4:1 powder, Tremella extract (*Tremella fuciformis*) 4:1 powder.

	4 g*
Lion's Mane Extract 12:1	0.572 g
Reishi Extract 4:1	0.572 g
Chaga Extract 12:1	0.572 g
Cordyceps sinensis Extract 12:1	0.572 g
Maitake Extract 4:1	0.572 g
Shiitake Extract 4:1	0.572 g
Tremella Extract 4:1	0.572 g

Average nutritional value	per 100 g
Energy value	36 kJ / 8.6 kcal
Fats	0 g
Carbohydrates	2.8 g
Dietary fibers	0 g
Proteins	0 g
Sodium	3 mg

*Recommended daily dose. RDA (recommended daily allowance) not established.



1-3 GRAMS
DAILY



33-100 DAY
PROGRAM



More
Product Info



MycoWay®

MW014

Organic Reishi Powder

200 g



"Miracle Mushroom"



Organic Cultivation



Superfood



Ingredients: 100% reishi (*Ganoderma lucidum*) powder. From certified organic production. Distribution controlled by SI-EKO-002. Non-EU agriculture.

Average nutritional value	per 100 g
Energy value	871 kJ / 214 kcal
Fats	2.2 g
of which saturates	0.56 g
Carbohydrates	1.61 g
of which sugars	< 0.5 g
Dietary fibers	72.73 g
Proteins	10.63 g
Sodium	< 0.01 g



4 GRAMS
DAILY



50-DAY
PROGRAM



More
Product Info






MycoWay®

MW015

MushRoot Boost – Drink for Mental Performance

100 g

-  For a Drink With a Cocoa Flavour
-  9 Active Ingredients
-  Focus and Energy



Ingredients: cocoa powder, maca (*Lepidium meyenii*; root) powder, dry yerba mate extract (*Ilex paraguariensis*; maltodextrin), dry cordyceps extract (*Cordyceps sinensis*; mycelium), dry rhodiola extract (*Rhodiola rosea*; root; 1% salidroside), dry lion's mane extract (*Hericium erinaceus*; fruiting body), dry reishi extract (*Ganoderma lucidum*; fruiting body), dry Korean ginseng extract (*Panax ginseng*; root), dry galangal extract (*Alpinia galanga*; root), calcium D-pantothenate (vitamin B5).

Produced in a facility that processes products containing **milk, gluten, soya, nuts, and eggs.**

	1 measuring spoon (3,3 g)**
Maca powder	700 mg**
Dry yerba mate extract	400 mg**
Dry cordyceps extract	200 mg**
Dry rhodiola extract	200 mg**
of which salidroside	2 mg**
Dry lion's mane extract	200 mg**
Dry reishi extract	100 mg**
Dry reishi extract	100 mg**
Dry reishi extract	100 mg**
Dry reishi extract	1,8 mg (30 %*)

*Recommended daily dose.

**NRV (Nutrient Reference Value).

**NRV not established.



1 GRAM DAILY



30-DAY PROGRAM



More Product Info



MycoWay®

MW016

Organic Cordyceps Sinensis Powder

200 g



Precious Chinese Mushroom



For Athletes and Active Individuals



Supports Vitality and Immune Function



Ingredients: 100% cordyceps (*Cordyceps sinensis*; mycelium) powder. *From certified organic production.

Average nutritional value	per 100 g
Energy value	1572 kJ / 375 kcal
Fats	8 g
of which saturates	< 1.5 g
Carbohydrates	16.6 g
of which sugars	2.2 g
Dietary fibers	22.8 g
Proteins	47.5 g
Sodium	< 0.05 g



2-4 GRAMS
DAILY



50-100 DAY
PROGRAM



More
Product Info



MycoWay®

MW017

Organic Maitake Powder

100 g

-  Grifola frondosa
-  100% Organic
-  High Fibre Content



Ingredients: 100% maitake (*Grifola frondosa*; fruiting body) powder. *From certified organic production. SI-EKO-002. Non-EU agriculture.

Average nutritional value	per 100 g
Energy value	1552 kJ / 367 kcal
Fats	5 g
of which saturates	0.94 g
Carbohydrates	21.6 g
of which sugars	0.14 g
Dietary fibers	37 g
Proteins	21.9 g
Sodium	0.03 g



2-4 GRAMS
DAILY



25-50 DAY
PROGRAM



More
Product Info






MycoWay®

MW018

Organic Shiitake Powder

200 g

-  Traditional Herbal Medicine
-  *Lentinula edodes*
-  Organic Farming



Ingredients: 100% shiitake (*Lentinula edodes*; spores) powder.
*From certified organic farming. SI-EKO-002. Agriculture outside the EU.

Average nutritional value	per 100 g
Energy value	1523 kJ / 358 kcal
Fats	0.34 g
of which saturates	< 0.1 g
Carbohydrates	27.2 g
of which sugars	0.12 g
Dietary fibers	40.0 g
Proteins	21.46 g
Sodium	0.018 g



2-4 GRAMS
DAILY



50-100 DAY
PROGRAM



More
Product Info



MycoWay®

MW019

Organic Chaga Powder

200 g



Inonotus obliquus



"Queen of Mushrooms"



For Maintaining Vitality and Well-being



Ingredients: 100% chaga (*Inonotus obliquus*; fruiting body) powder. *From certified organic production. SI-EKO-002. Non-EU agriculture.

Average nutritional value	per 100 g
Energy value	1408 kJ / 331 kcal
Fats	0.40 g
of which saturates	0.10 g
Carbohydrates	7.50 g
of which sugars	< 0.5 g
Dietary fibers	72.2 g
Proteins	6.25 g
Sodium	0.01 g



2-4 GRAMS
DAILY



50-100 DAY
PROGRAM



More
Product Info




MycoWay®

MW020

Beta-Glucan 500 mg

140 capsules

 From a High-quality Source

 High Content

 Immune System Support



Ingredients: beta-glucan (from *Saccharomyces cerevisiae*), vegetable capsule shell (HPMC; hydroxypropyl methylcellulose).

	1 capsule*
Beta-glucan	500 mg

*Recommended daily dose.
NRV (Nutrient Reference Value) not established.



1 CAPSULE
DAILY



140 DAY
PROGRAM



More
Product Info



MycoWay®